

Our Journey Together

"The Storms of Life"



Get Ready!
Hold On!
Bounce Back!



Bob Dees
Fellow NCS Brudder



Get Ready!

HOLLAND
September 1944
Operation Market Garden

The Storms of Life



TRIBULATION

“In the world you have tribulation...
but take courage, I have overcome the
world.”

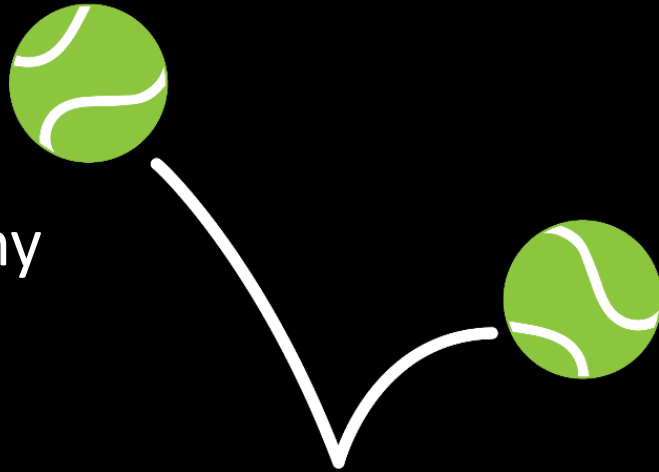
—JESUS (John 16:33 NASB)

RESILIENCE

RESILIENCE GOD STYLE

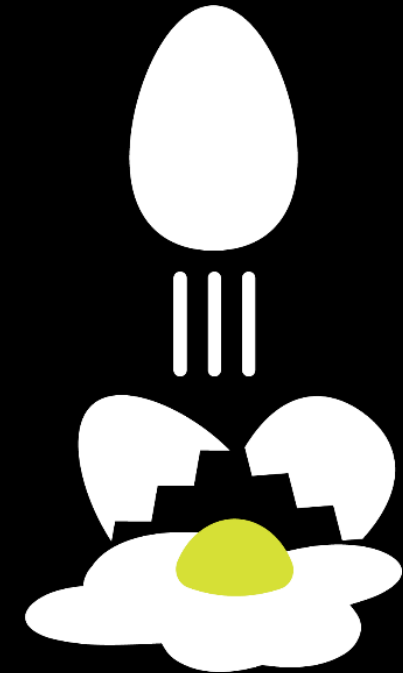
WE ARE OFTEN:

- troubled
- in doubt
- facing many enemies
- badly hurt



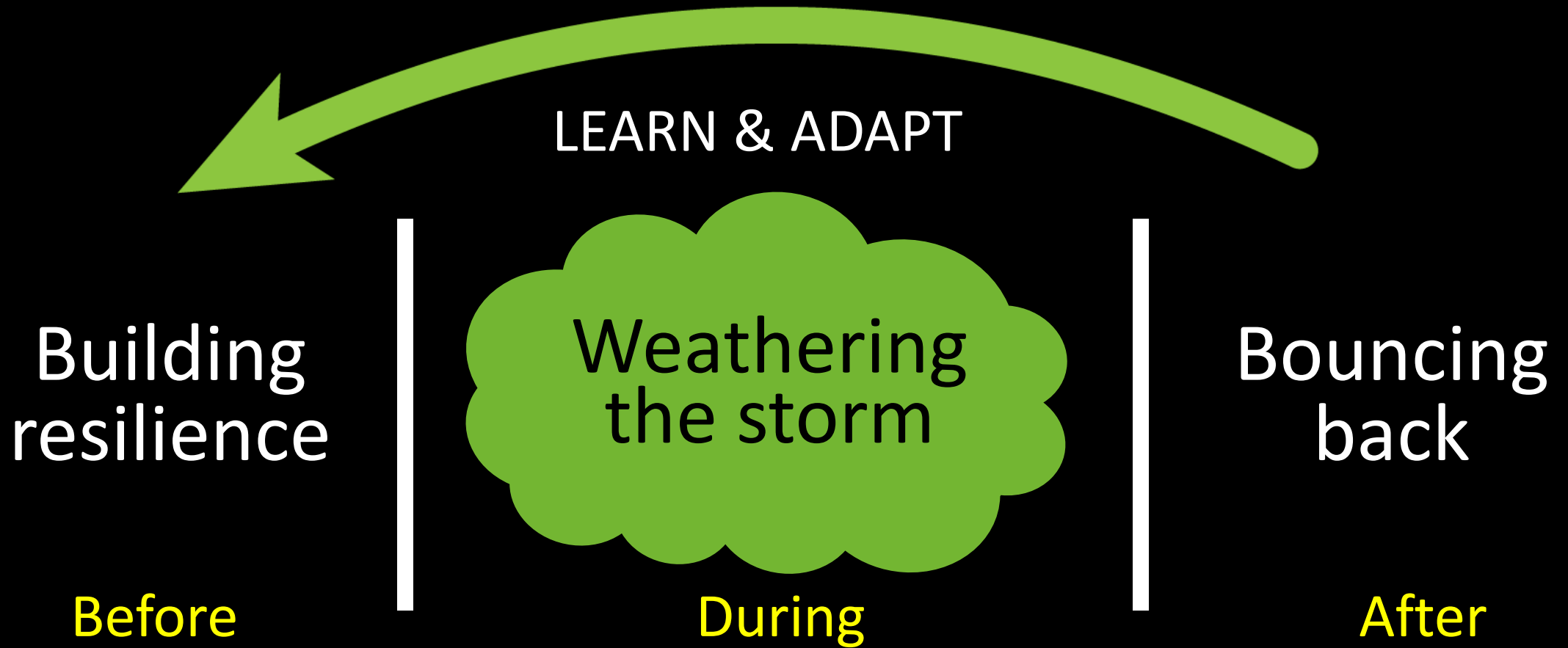
BUT NOT:

- crushed
- in despair
- without a friend
- destroyed



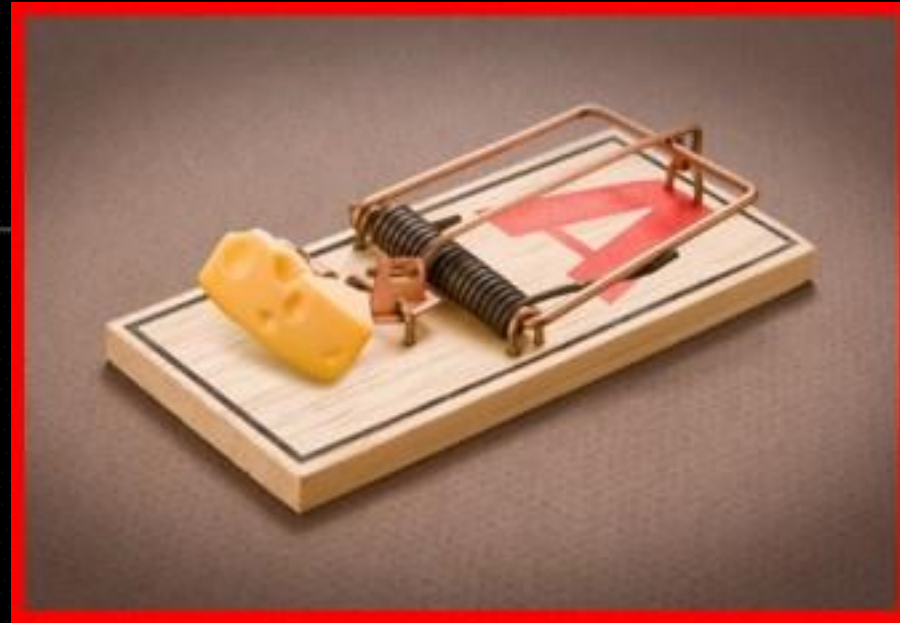
“We are often troubled, but not crushed; sometimes in doubt, but never in despair; there are many enemies, but we are never without a friend; And though badly hurt at times, we are not destroyed.” 2 Corinthians 4:8, 9

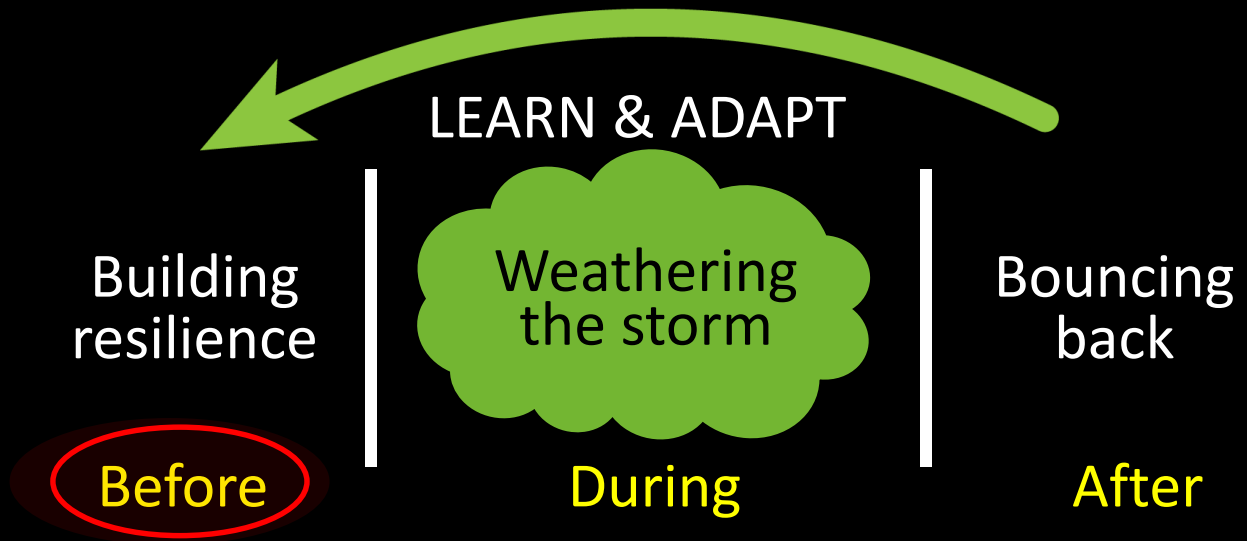
RESILIENCE LIFE CYCLE



Source: *Resilient Warriors, ResilienceGodStyle.com*

What Does RESILIENCE Look Like?





- Know Your Calling**
- Know Your Enemy**
- Know Your Friends**
- Know Your Equipment**
- Deploy with the Right Mindset**
- Develop/Rehearse "Actions on Contact"**



KNOW YOUR CALLING

- **COMMON DENOMINATOR: BEFORE, DURING, AFTER**
- **ROADBLOCKS???**
 - **DON'T KNOW YOUR CALLING?**
 - **FORGOTTEN YOUR CALLING?**
 - **STUCK IN GRIEF, BITTERNESS, ET AL?**
- **IMPORTANCE???** **EXAMPLES???**

YOUR CALLING???

1. My Call to God? (often in the form of a life verse)

EG - Love the Lord my God with all my heart, soul, mind, strength, and my neighbor as myself.

2. My Call to Others is?

A. Faith?

B. Family?

C. Profession?

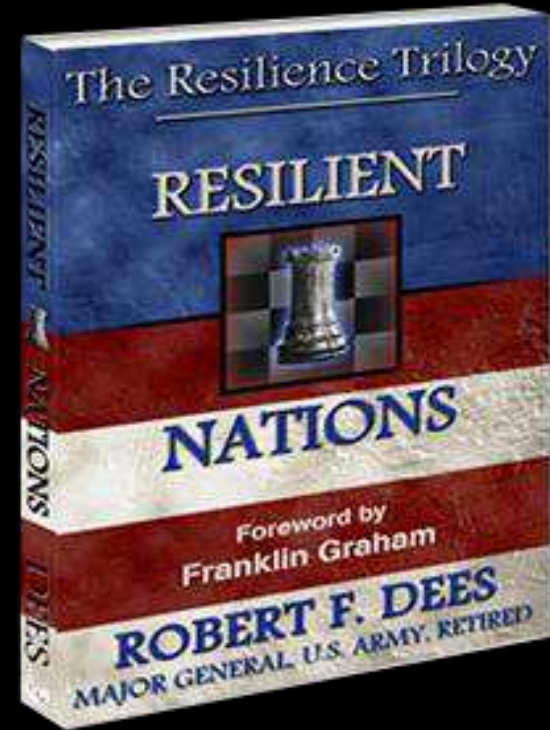
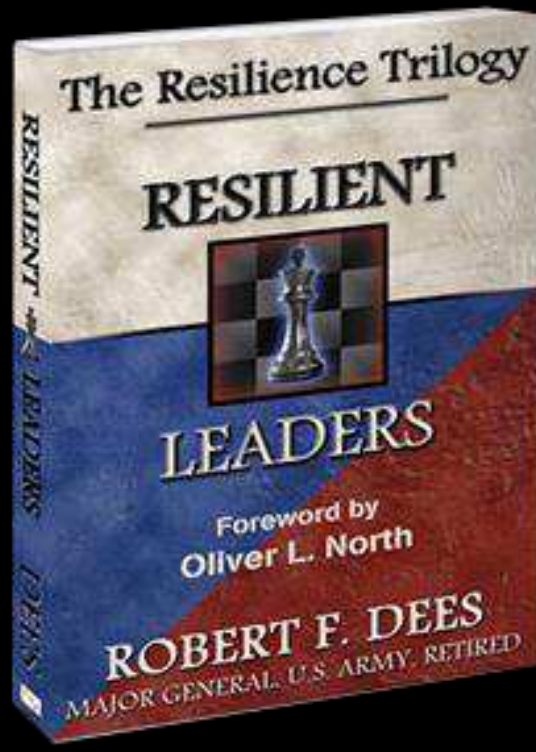
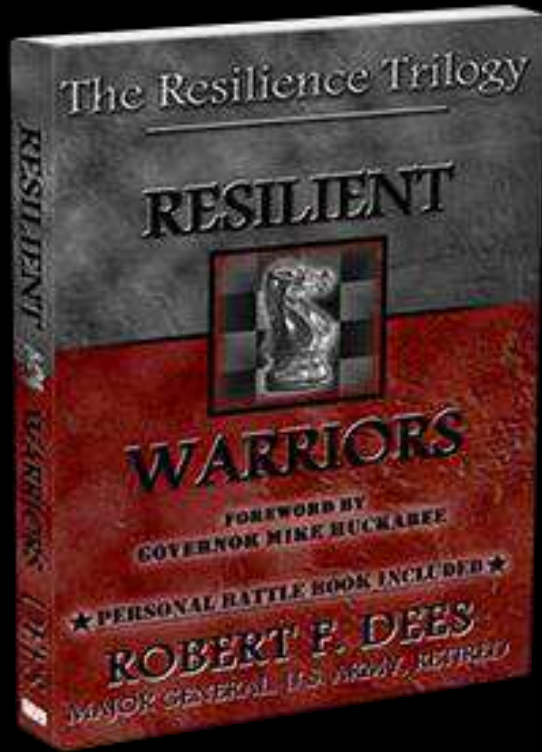
3. My Specific Call for this Chapter of Life?

Finish well, Leave a Legacy, Grow in Godly wisdom, Launch my children, Business as Ministry, Blessing Others, Bounce Back Stronger/Better/Wiser, others?

*What about you?
What about me?
"Calling" is easy to
"handwave"*

Resources

RESILIENCE GOD STYLE



ResilienceGodStyle.com
[FB/Resilience God Style](https://www.facebook.com/ResilienceGodStyle)
[@GodBounce](https://twitter.com/GodBounce)

Books, Study Guide
Video Series (Fall 2017)
Resilience Game (Winter 2018)
Conferences, Retreats

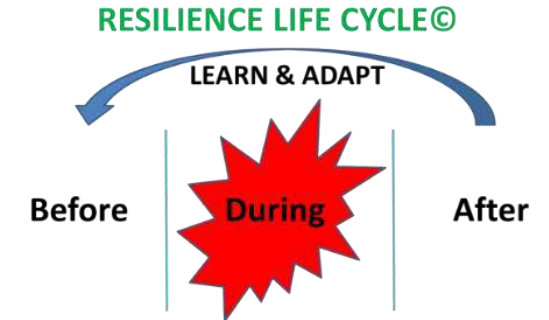
Learning from the Past to Build for the Future

A Critical Life Skill



Analyze one of your life “body slams” in terms of the Resilience Life Cycle©

1. My “Body Slam:” _____
2. My Reactions: _____
3. My Thoughts: _____
4. My Feelings: _____



Source: Resilient Warriors, www.ResilienceTrilogy.com

BEFORE

1. Was I Prepared for this life experience? _____
2. How could I “Get Ready” for this?
 - A. _____
 - B. _____
 - C. _____
3. Did I have “Actions on Contact” prepared in advance?
 - A. _____
 - B. _____

DURING

1. How did I “Weather the Storm?”
 - A. _____
 - B. _____
 - C. _____
2. What/Who were my “life preservers?”
 - A. _____
 - B. _____
 - C. _____

AFTER

1. Did it get worse? _____
2. Did I grieve the loss? _____
3. Did I get stuck? _____
 - A. Guilt?
 - B. Anger?
 - C. Bitterness?
4. Am I still stuck? _____
5. How do I get unstuck? _____
 - A. New Song?
 - B. Forgiveness?
 - C. Renewed Purpose?

LEARN & ADAPT

1. What did I LEARN?
 - A. Before? _____
 - B. During? _____
 - C. After? _____
2. Did I GROW? How?
 - A. _____
 - B. _____
 - C. _____
3. Did I ADAPT in order to “Be Ready” for future life traumas? _____



CHAPLAIN ROBERT PRESTON TAYLOR
Bataan Death March

“Don’t Doubt in the Dark What You Believed in the Light”



GROUP DISCUSSION

**Did you have changed priorities after your last “body slam?”
How will this guide preparation for your next storm of life?**